

MeRes-1 Study:

Three-year clinical and two-year multimodality imaging outcomes of thin-strut sirolimus-eluting bioresorbable vascular scaffold in patients with coronary artery disease

Dr. Praveen Chandra

**MD, DM, FACC, FESC, FSCAI, FAPSIC
Chairman- Interventional Cardiology
Medanta-The Medicity, India**

On Behalf of MeRes-1 Investigators

I do have a financial interest/arrangement or affiliation with one or more organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this presentation, they are:

Affiliation/Financial Interest:

Grant/ Research support

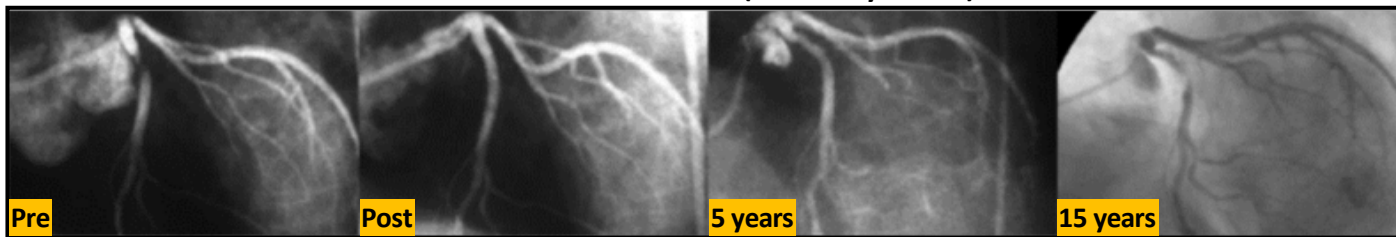
Name of Organization:

Meril Life Sciences Pvt. Ltd.

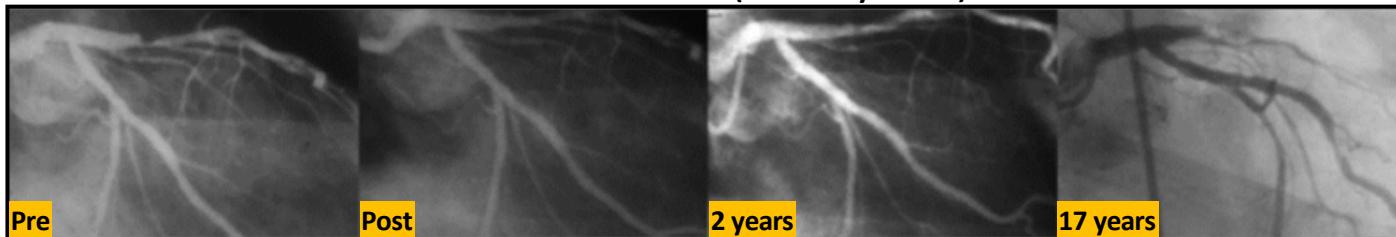
Why do we Need a New Approach for Coronary Artery Disease?

Very late adverse events after metallic stents

In-stent restenosis (at 15 years)



Stent thrombosis (at 17 years)



What are we looking from 2nd Generation BRS?

Acute Performance + Long Term Safety and Efficacy

Reduced strut thickness, improved profile for better deliverability

Faster degradation and possibly lower Scaffold Thrombosis

Large size matrix to cover multitude of morphologies

Ability to treat lesions across clinical spectrum

Regular Cath-lab storage conditions & long shelf life

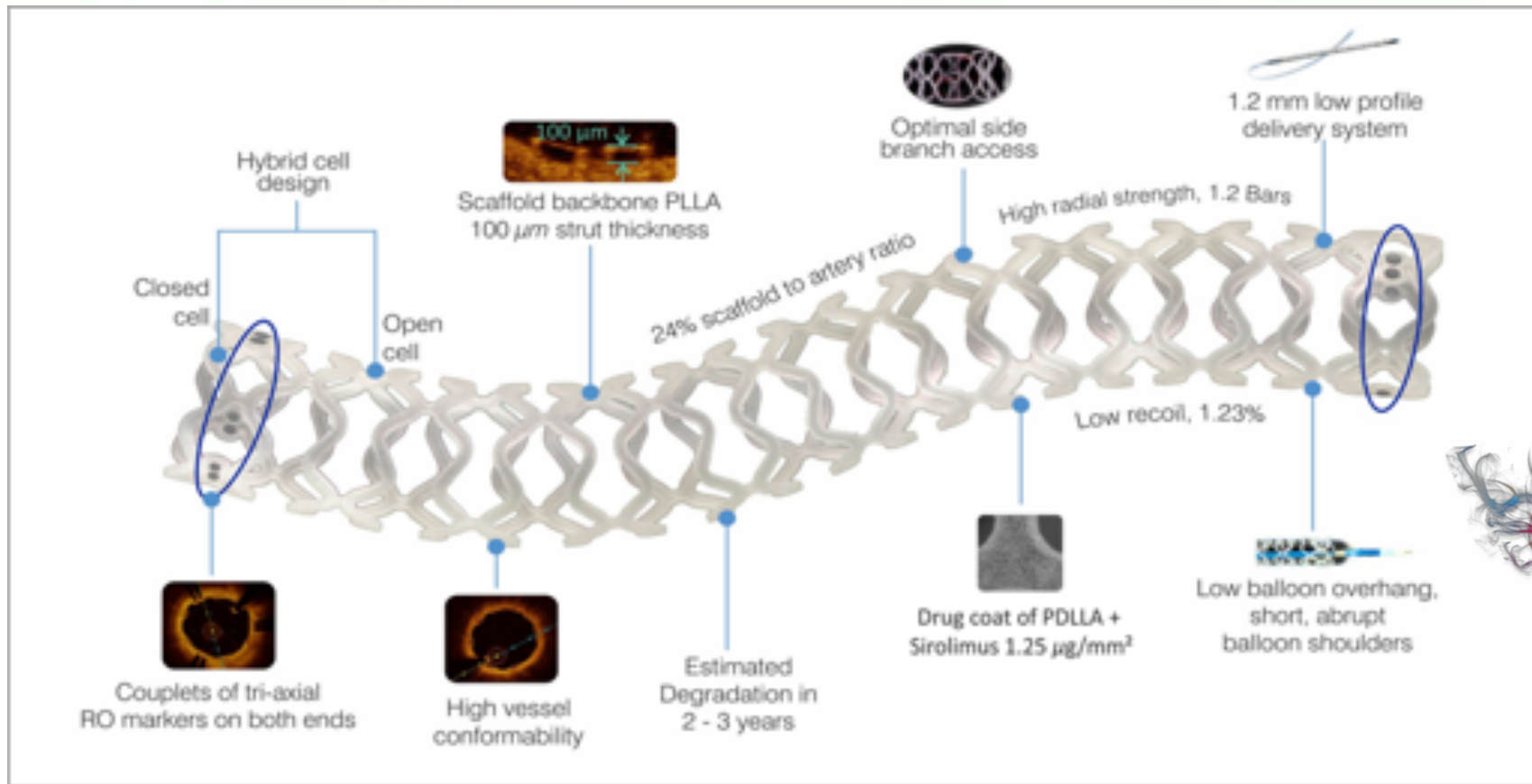


**150µm
Strut thickness**

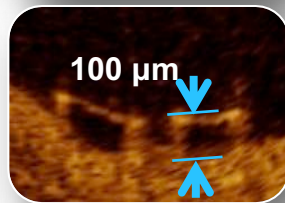
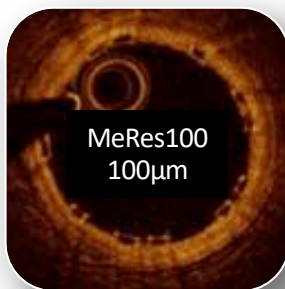
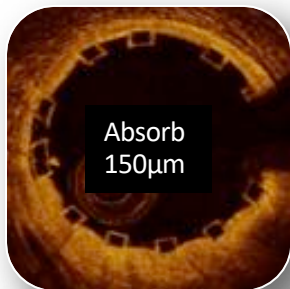


MeRes100 (100 μ m BRS)

Sirolimus-Eluting Bioresorbable Vascular Scaffold

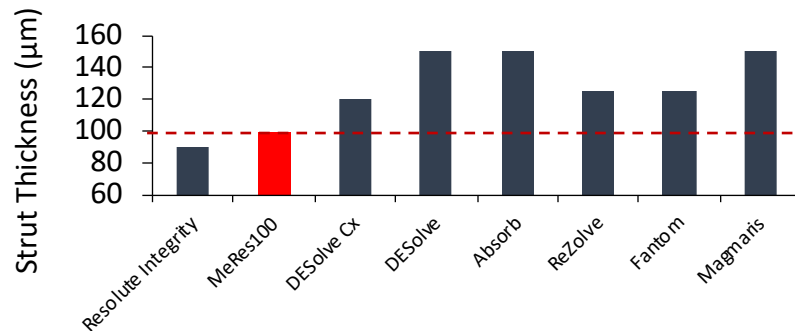


MeRes100 BRS: Strut Thickness & Crossing Profile

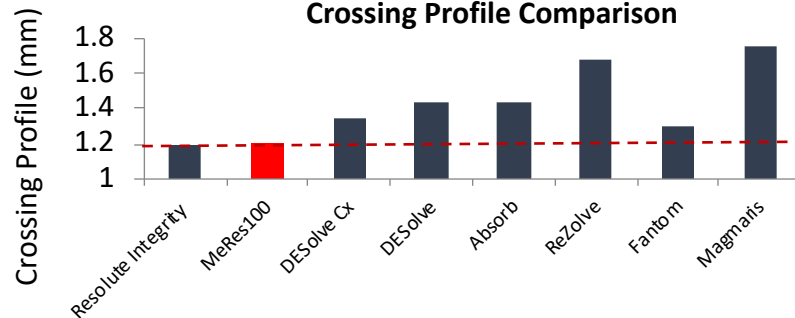


OCT images courtesy of Dr. Daniel Chamié, Dante Pazzanese Institute of Cardiology, Sao Paulo, Brazil. Data on file with Meril Life Sciences Pvt. Ltd.

Strut Thickness Comparison

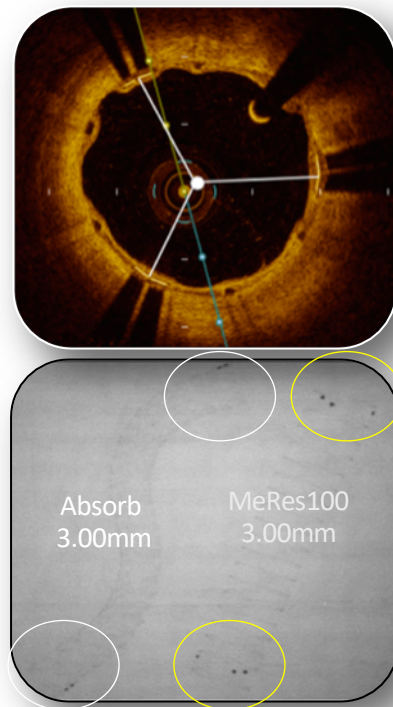
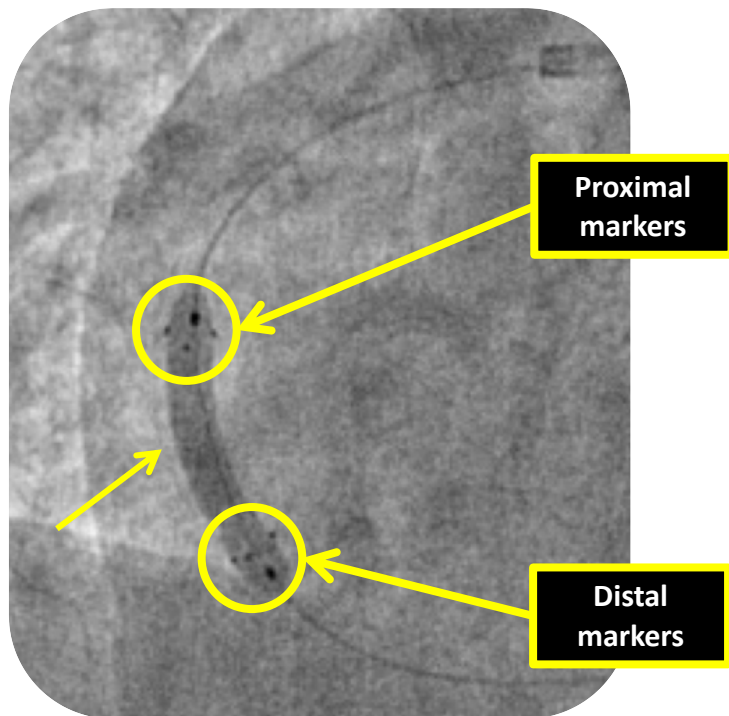


Crossing Profile Comparison



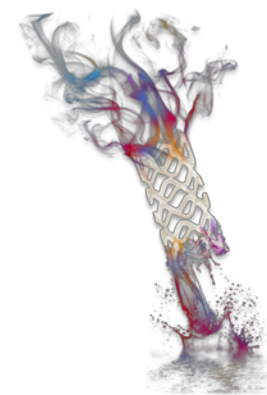
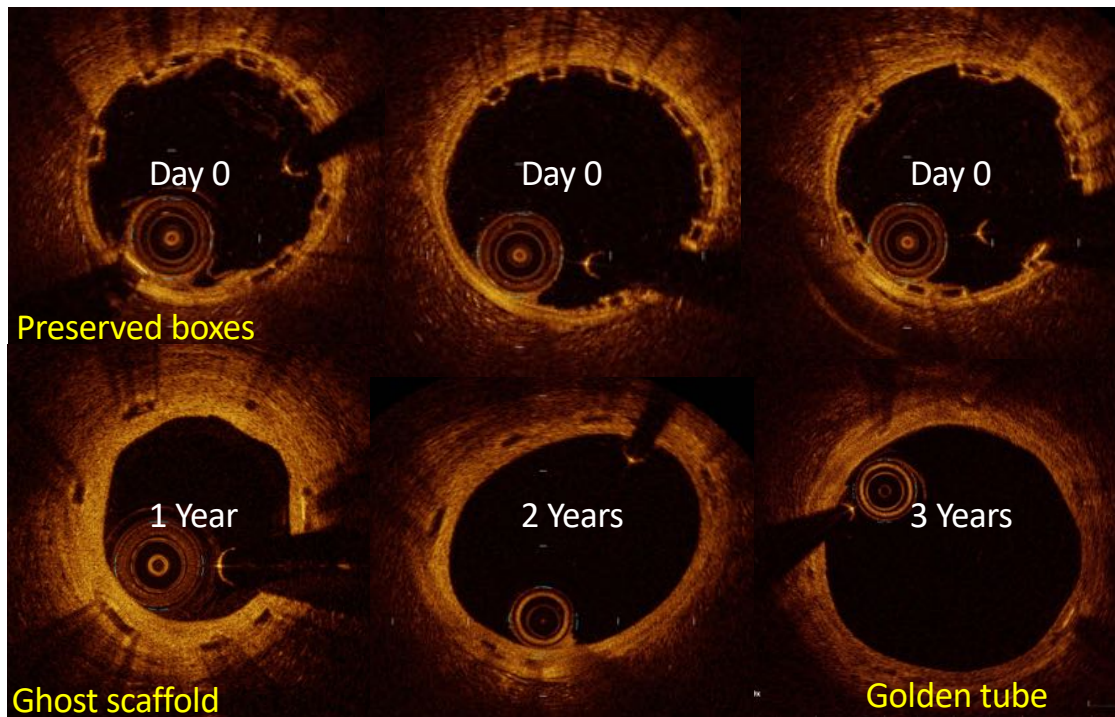
MeRes100 – BRS Radiopacity

- Couplets of **Tri-Axial RO markers** (Pt) at **both ends** of the scaffold
- Enhanced visibility. Gives a sense of **virtual tubing**. High operator comfort



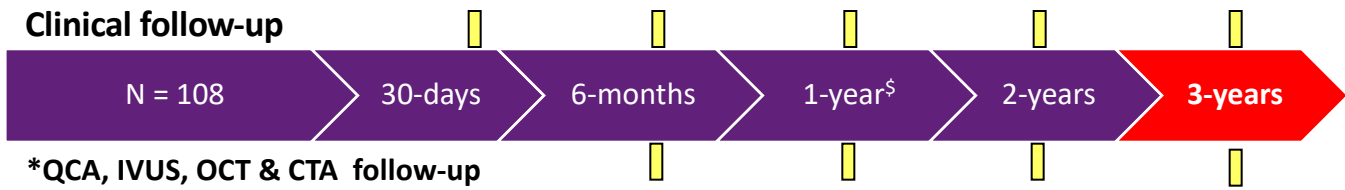
OCT images illustrating the changes of strut core appearance at Day 0 and at 1 , 2 & 3 Years Follow-up

MeRes100 BRS: Evidence of 'Golden Tube'





First-in-Human Safety and Efficacy in Patients with Single, De-novo Coronary Lesion (in up to 2 vessels) treated by a Single MeRes100 Scaffold up to 24mm length **in 108 pts**



CLINICAL FOLLOW-UP	108	108	108	108	108
ANGIOGRAPHIC FOLLOW-UP	-	37	-	37	-
OCT FOLLOW-UP	-	13	-	13	-
IVUS FOLLOW-UP	-	12	-	12	-
CTA FOLLOW-UP	-	-	12	-	-

- Diameters – 2.25-4.50 mm
- Lengths – 13-48 mm
- DAPT Rx – 1 year

[§]Seth A et al., EuroIntervention 2017; 13: 415-423. *Pre-designated sites and patients consents

Key Inclusion Criteria

- Age 18-65 years
- Up to 2 lesions in native arteries
- 1 lesion per target vessel allowed
- **RVD 2.75-3.50 mm**
- **Lesion length \leq 20 mm**
- Stenosis \geq 50% & $<$ 100%
- TIMI \geq 1

Key Exclusion Criteria

- **Acute MI $<$ 7 days**
- Creatinine \geq 1.3 mg/dL
- Prior revascularization
- LVEF \leq 30%
- LM and/or Ostial location
- **Significant calcification**
- Bifurcation lesion (SB $>$ 2 mm)
- Severe tortuosity/angulation

- **Safety**
 - Primary Endpoint:
 - MACE at 6-month (Cardiac death, MI*, ID-TLR)
 - Secondary Endpoints:
 - Device & procedure success
 - Scaffold thrombosis (ARC defined)
- **Efficacy**
 - QCA: Late lumen loss (in-scaffold / in-segment)
 - OCT: Minimum lumen area (flow area), NIH area
 - IVUS: Scaffold & lumen area, %VO
 - CTA: Mean/minimal lumen, plaque & vessel area; Area stenosis; % Cross sections with calcified, mixed & non-calcified plaque

* Definition of MI – includes all Myocardial Infarction



- PI – Dr. Ashok Seth, Fortis Escorts, New Delhi
- Co-PI – Dr. Praveen Chandra, Medanta, Gurugram
- Co-PI – Dr. Vinay K. Bahl, AIIMS, New Delhi

- Core Labs
 - Angiographic – Cardiovascular Research Center, Sao Paulo
 - IVUS / OCT /CTA – Cardialysis, Rotterdam

- CRO
 - Data Management – JSS, New Delhi

108 Patients, 13 Investigating Sites



Investigating Site	City	Investigator	# Enrolled
Jayadeva	Bangalore	Dr. C. N. Manjunath	23
LTMG	Mumbai	Dr. Ajay Mahajan	20
Max	New Delhi	Dr. Viveka Kumar	13
SGPGI	Lucknow	Dr. P. K. Goel	11
Medanta The Medicity	Gurugram	Dr. Praveen Chandra	10
AIIMS	New Delhi	Dr. Vinay K. Bahl Dr. Sundeep Mishra	07
Hero DMC	Ludhiana	Dr. G. S. Wander	07
Fortis Escorts	New Delhi	Dr. Ashok Seth	06
Apollo	Chennai	Dr. Samuel Mathew Dr. G. Sengottuvelu	04
Sree Chitra	Trivandrum	Dr. Ajit Kumar V. K.	03
Fortis Vasant Kunj	New Delhi	Dr. Upendra Kaul	02
GB Pant	New Delhi	Dr. Vijay Trehan	01
Apollo Jubilee Hills	Hyderabad	Dr. P. C. Rath	01

Clinical characteristics of the patients	n = 108
Age, Years, (mean±SD)	50.1±8.8
Male, n (%)	77 (71.3)
Smokers, n (%)	18 (16.7)
Diabetes mellitus, n (%)	30 (27.8)
Dyslipidemia, n (%)	14 (13.0)
Hypertension, n (%)	45 (41.7)
Previous Myocardial Infarction (>7 days), n (%)	37 (34.3)
Clinical Presentation, n (%)	
Stable Angina	56 (51.9)
Unstable Angina	37 (34.3)
Silent Ischemia/Asymptomatic	15 (13.9)
Left ventricular ejection fraction, %, (mean±SD)	50.6±9.9
Type B1/B2/C Lesions	93.1%

100% device and 99% procedural success

Cumulative Clinical Outcomes up to 3-year Follow-up

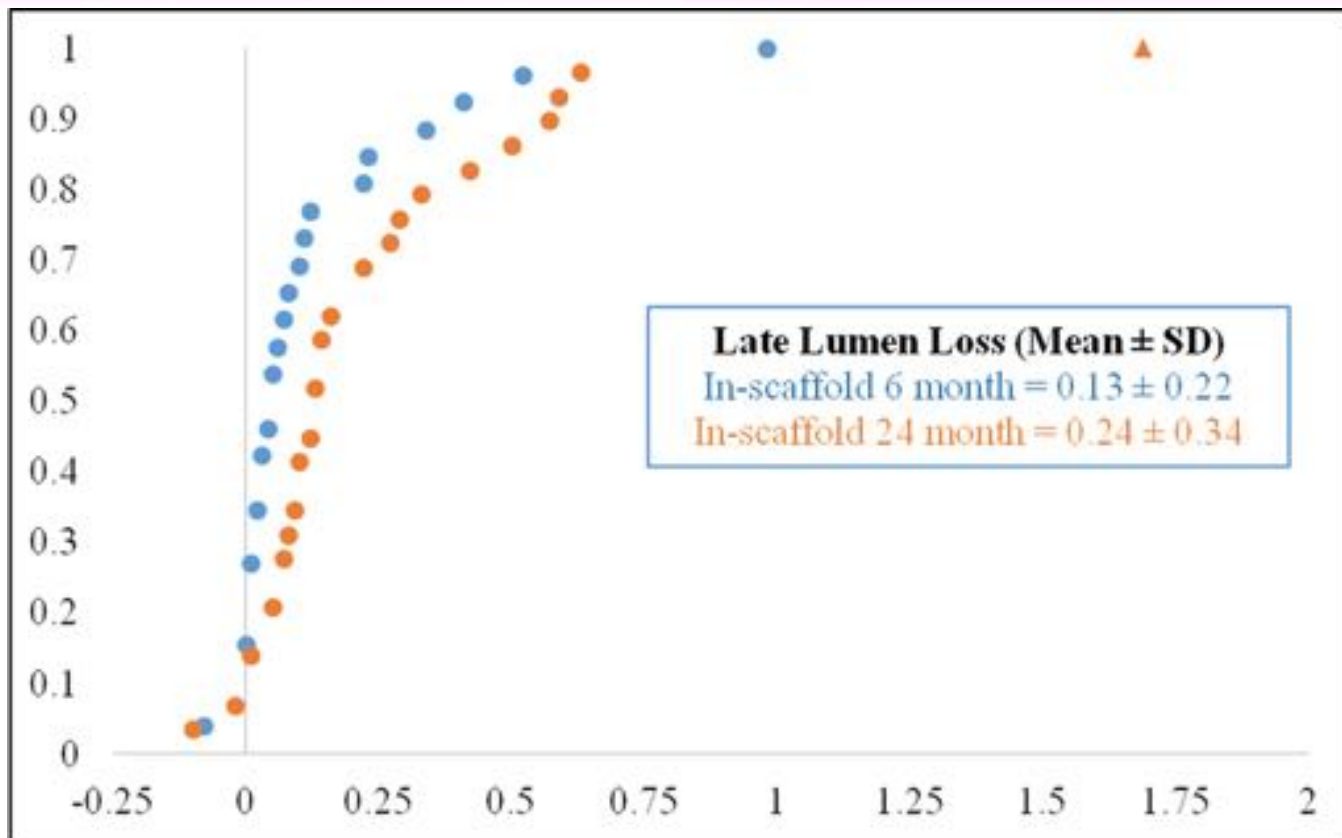


Events, n (%)	In-Hospital n =108	6-month n =108	1-year n = 107	2-year n = 107	3-year n=107
Cumulative MACE	0 (0)	0 (0)	1 (0.93)	2 (1.87)	2 (1.87)
Cardiac Death	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
Myocardial Infarction	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
ID-TLR	0 (0)	0 (0)	1 (0.93)	2 (1.87)	2 (1.87)
Non-cardiac death	0 (0)	1 (0.93)*	1 (0.93)	1 (0.93)	1 (0.93)
Scaffold Thrombosis	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)

*Death due to Aminophylline-induced anaphylactic shock. @ Myocardial Infarction defined as per WHO criteria. \$ ARC defined criteria.

Sustained successful clinical outcomes up to 3 years

Cumulative Frequency Distribution Curve for In-scaffold Late Lumen Loss





Characteristic	Post-procedure (n=9)	6-Month (n=9)	2- year (n=9)	Friedman p-value
Mean flow area, (mm ²)	7.33±2.28	6.99±2.75	6.49±2.79	0.032
Mean lumen area, (mm ²)	7.69±2.36	6.99±2.75	6.49±2.79	0.008
Minimum lumen area, (mm ²)	6.59±2.12	4.99±1.65	4.29±2.00	<0.01
Mean scaffold area, (mm ²)	8.06±2.51	8.64±3.05	8.39±3.19	0.121
Minimum scaffold area, (mm ²)	7.13±2.29	7.05±2.02	6.29±2.43	0.120
Mean strut area, (mm ²)	0.14±0.04	0.11±0.03	0.06±0.02	0.001
Covered struts (%)	-	98.99±1.59	99.24±2.27	0.102

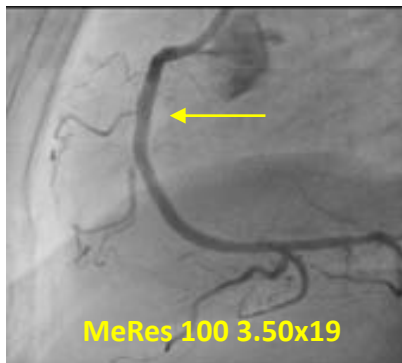
Parameters	Post-procedure (n=10)	6-month (n=10)	2- year (n=10)	Friedman p-value
Mean lumen area, (mm ²)	6.17±1.28	6.28±1.28	5.47±1.50	0.30
Minimum lumen area, (mm ²)	5.14±1.19	4.88±1.05	4.05±1.42	0.741
Mean scaffold area, (mm ²)	6.20±1.27	6.54±1.29	5.94±1.34	0.122
Mean vessel area, (mm ²)	12.91±4.05	13.05±3.30	11.98±3.03	0.061
Neointimal hyperplasia area, (mm ²)	-	0.14±0.16	0.40±0.35	0.002
Volume obstruction (%)	-	2.59±3.10	7.50±6.08	0.002

MeRes100 Case + OCT F/up out to 2yrs



47y/F | Diabetic | Hypertensive | No family history | Non-smoker | Stable angina

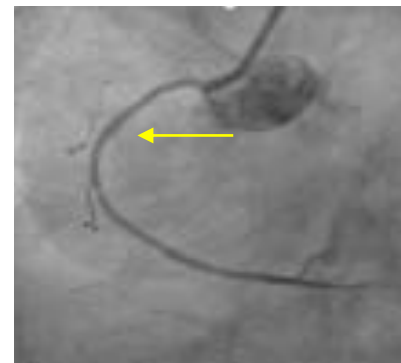
Post-Procedure



6-Month FU



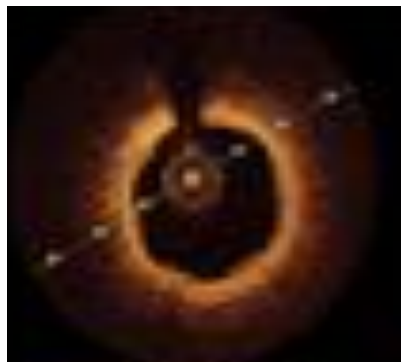
2-Year FU



Post-Procedure



6-month OCT f/up



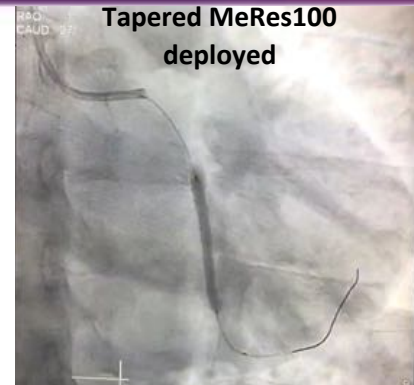
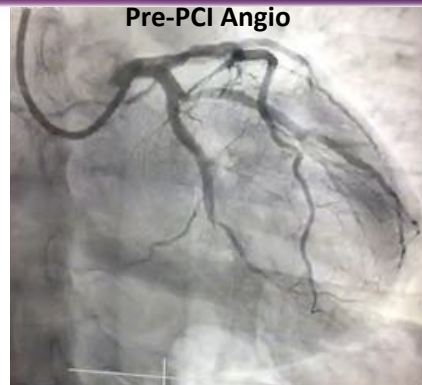
2-Year OCT f/up



MeRes100 Case with Tapered balloon/delivery system

Patient details:

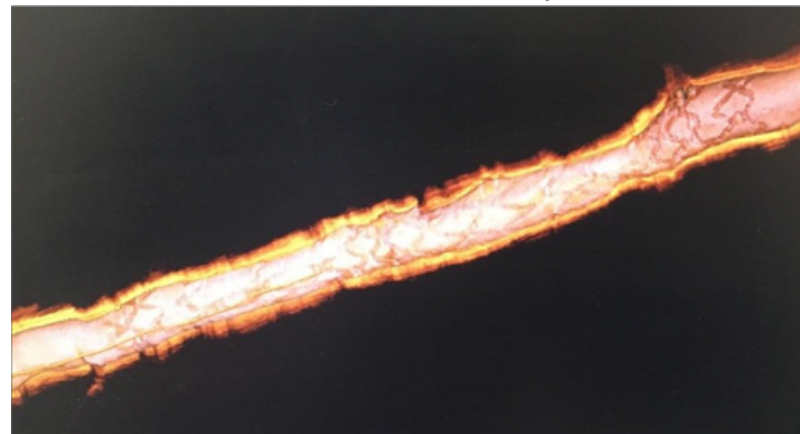
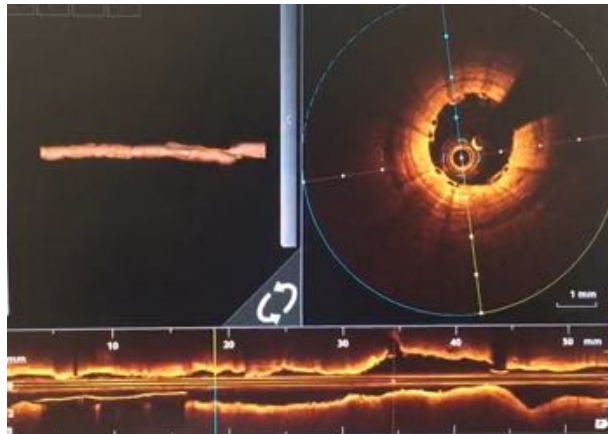
- 37 Y/male with CAD
- CAG: 100% Occlusion in mid LCX
- Focal moderate 50% Stenosis in Prox. LAD
- PCI with MeRes100 (3.0-2.5X30mm)



Post-PCI Angio

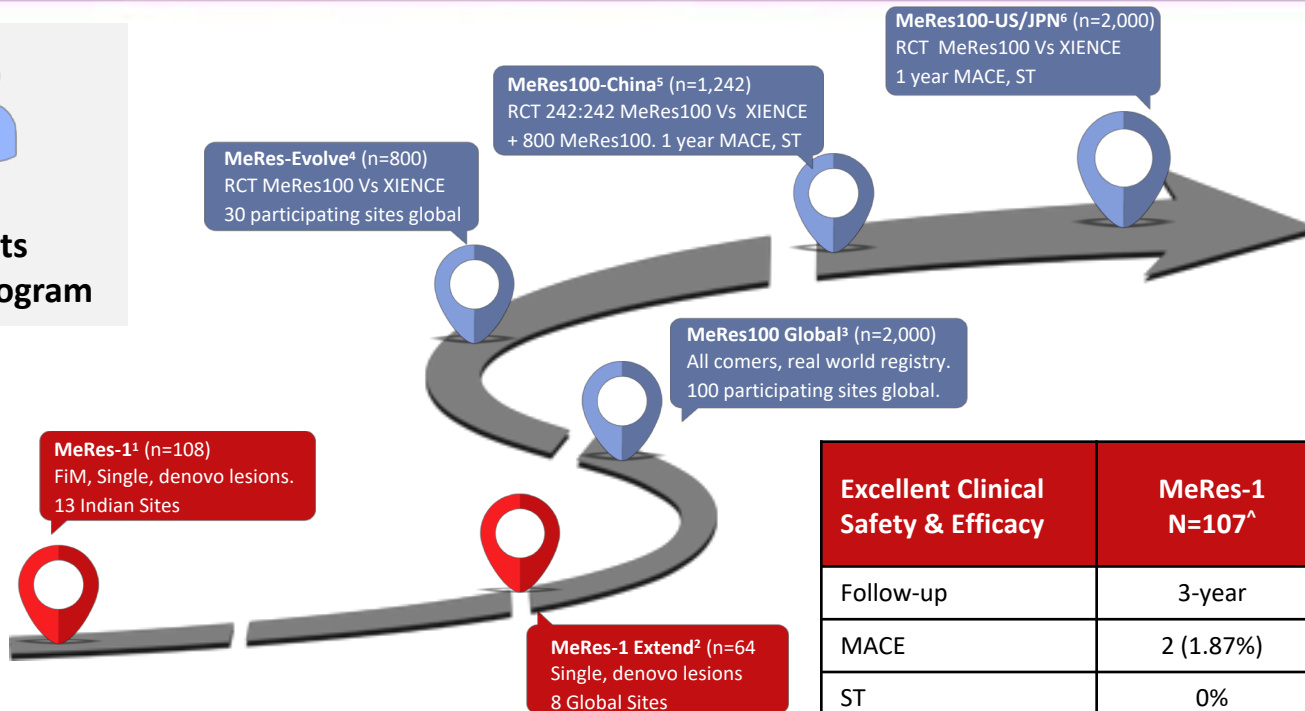
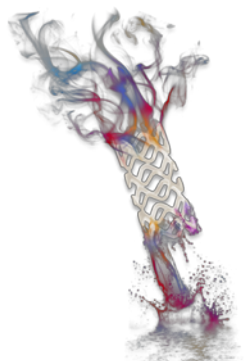
Post-PCI OCT

3D OCT View of MeRes100 post-PCI





**>5,000 Patients
Global Clinical Program**



1-2. Achieved Primary Objective 3-6. Planning phase.

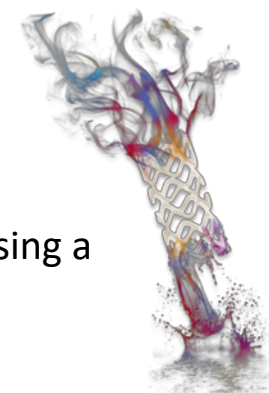
Excellent Clinical Safety & Efficacy	MeRes-1 N=107 [^]	MeRes-1 Extend N=62 [^]
Follow-up	3-year	2-year
MACE	2 (1.87%)	1 (1.61%)
ST	0%	0%
Late Lumen Loss	2-year 0.24± 0.34 mm	6-month 0.18±0.31mm

[^]MeRes-1 One-Year Results: Seth A. et al. EuroIntervention 2017;13:415-423

[^]MeRes-1 Ext presented at EuroPCR'2018

- MeRes-1 trial, the 1st human evaluation of novel 2nd generation MeRes100 BRS with 100µm struts demonstrated high acute success as well as long term clinical success up to 3-year follow-up with **very low MACE rate of 1.87% (2, ID-TLR) and Zero Scaffold Thrombosis (ST)**. [ABSORB II @ 3 Year MACE: BVS – 10.5%, XIENCE – 5%; ST: BVS - 2.5% including very late thrombosis (>1 year): 1.8%]¹
- All four imaging modalities are consistent in demonstrating high efficacy of MeRes100 – BRS:
 - QCA at 2-years: **Low late lumen loss (0.24± 0.34 mm)**
 - OCT at 2-years: **Virtually complete strut coverage (99.24%)**
 - IVUS at 2- years: Sustained mean flow area and **very low %VO (7.50%)**
- These encouraging results of MeRes-1 study provide the basis for further studies, using a wider range of lengths and sizes in more complex and larger patient population.

1. <https://www.acc.org/latest-in-cardiology/clinical-trials/2014/09/14/19/17/absorb-ii>



2019 | euro
PCR

Thank You